

# The corner has been turned

I spent most of this morning in bed but feel strangely refreshed now. My wife Françoise went out to buy some coal and made a real coal and wood fire. I sat in front of the fire this afternoon and dozed. I feel the strength is coming back into my limbs now. I took my first walk, which was to go about 200 yards to post a letter. I was a bit wobbly but managed it quite well. Nature knows how to heal us far better than we do so we must just let it get on with it.

I had an ambitious plan to read many books but I haven't had the energy to do it. My appetite has been down and I've lost a little bit of weight but I can afford to lose it because I was slightly overweight before.

It is very strange how when I'm in this discombobulated state, things that seemed important including such simple things such as watching the TV seem more distant. It could be another world. It's a bit like being on drugs I suppose. Mind you, I am on a regime of drugs so I suppose this is to be expected.

The recent record lottery win of £171 million has been bought by someone who was not aware that they have won the money. I wonder how long it will take before they realise their fortune. PS I have just heard that someone did claim it.

Anyway, I'm turning off this computer early and will sit slumped in front of the fire this evening.