

# What I hear you ask am I wearing on my head



I have designed my own particular face covering to defend myself against Covid 19. You may spot certain weaknesses in the design of my original concept. I can tell you that it is no more effective than facemasks. A Covid 19 virus ( actually quite a useful worker in the body) has no trouble getting through all round the side of masks aided by the ingress or explanation of air. These viruses are very small as I have mentioned so I thought I would make a small contribution to society which I intend to mass produce and see how many people are stupid enough to wear them.

Off to Bath to take Françoise to have a tooth removed, the one in the front top, and have it replaced. By some miracle I got her an appointment at very short notice at Wellsway Dental Practice in Bath.

**The Bear Flat Association**  
for those living and working in Bear Flat, Bath

## BEAR FLAT COVID-19 HELPLINE

Dear Bear Flat resident,

**The Bear Flat COVID-19 Helpline is now fully functional.**

We can help with shopping for essentials if you are running low and can't get out, with prescription / medicine collection, with small tasks or if you need other help or if you just need to talk to someone.

To use the help-line, you can either email or telephone:

**Email: [covid@bearflat.org.uk](mailto:covid@bearflat.org.uk)**  
**Telephone: 07593 876127**

The service is staffed by Bear Flat resident volunteers. When you call, we will take down details and ask a volunteer responder who lives close to you to get in touch, either by phone or a visit, as appropriate.

If you are already part of a local support group (for example a WhatsApp street group), please contact them in the first instance.

**IMPORTANT**

**THIS IS NOT AN EMERGENCY RESPONSE LINE.** If you are unwell such that you need to contact the NHS or emergency services, **DO NOT USE THIS HELPLINE. RING 111 OR, IF AN EMERGENCY, 999.**

The help-line is not staffed by medical experts and has no access to medical facilities.

### WOULD YOU LIKE TO VOLUNTEER?

If you would like to be a volunteer responder, thank you. Please send your name, postal address and telephone number to [covid@bearflat.org.uk](mailto:covid@bearflat.org.uk).

#### FREE MEMBERSHIP OF BEAR FLAT ASSOCIATION

The Bear Flat Association sends out periodic newsletters and emails to its members. These are now concentrating almost exclusively on coronavirus-related matters and its effect on the local community.

We are offering all residents free membership of the BFA during this difficult period, so as to give you access to this information. There is no commitment to join at a later date (although of course we would love you to).

**IF YOU WISH TO TAKE ADVANTAGE OF THIS OFFER, PLEASE EMAIL YOUR NAME TO US AT**

**[free@bearflat.org.uk](mailto:free@bearflat.org.uk)**

Once the crisis has abated, we will ask you whether you wish to stay with us or leave. If you wish to leave, all your details will be deleted from our system, in accordance with data protection laws.

We expect that a large number of households may wish to join for free during this crisis. Please allow some time before we get you on to the system.

Find Bear Flat Association at:

[www.bearflat.org.uk](http://www.bearflat.org.uk)  
[Facebook.com/BearFlatAssoc/](https://www.facebook.com/BearFlatAssoc/)  
[@bearflat](https://twitter.com/bearflat)

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Whilst she was in the surgery I went for a wander around and saw this leaflet which impressed me quite a lot. It shows me that the locals are looking after each other and have got themselves organised.

I went to get a coffee for the takeaway variety made a mistake as I discovered of asking for soya milk which according to a report by my digestive system contains some artificial chemicals. I will get it right one of these days. I love Bath stone. I spotted a sign of Halloween in the window of an adjacent house.



Françoise emerged in a semi-anaesthetised state and found it very difficult to talk because she had a tooth in an unfamiliar position; she was told that it would take a few days for the new brain connections to be made.

Our weekly ZOOM meeting to discuss Covid went very well. We had 12 people. Evidently in Spain the conditions are far worse than here in the UK. Everyone without exception has to wear a mask in the street and police are going round with smug smiles equipped with guns and batons. All this for a virus that stopped being dangerous about five months ago. Is there any limit to what the public will put up with?