

a possible answer to my stomach problem

Sometimes, the answer is staring you in the face but you don't see it. I did some detective work in association with Françoise and I discovered what may be the cause of my horrible bloating. The symptoms are that I can eat a meal and then almost 5 hours later it's as if there's an evil brew going on in my stomach and are either throw everything up again or sit there and feel like the world is going to end.

I discover that I am severely allergic to cheese made with animal rennet. Stopping cheese magically does the trick over some reason I had a smoothie to which kiwifruit had been added and that gave the same effect.

Touch wood, this will be the answer. Strange how the allergy training of all energy and how I thought the world was going to end. I'm not very good at taking pain I must admit.